

STAGE

FOUNDATIONS

EPA

EPA 7: Managing uncomplicated post-operative surgical patients

DETAILED DESCRIPTION

This EPA will be assessed in two parts: (1) Post-operative management and (2) Collaborative care / discharge planning. The emphasis of this EPA is on the resident's post-operative management of routine, uncomplicated surgical patients. The focus is on the management of post-operative patients, including implementation of a routine post-operative care plan, performance of clinical assessments, procedural tasks as required, ordering and coordinating investigations and communication with patients and families regarding ongoing care. Residents will be expected to participate in discharge planning as a member of the discharge team, including an understanding of the role of allied health care in post-operative care, recognizing the need for and organizing appropriate resources for patient discharge, collaboration and communication with patients, families and other health care workers.

ENTRUSTMENT

The resident will be entrusted to:

1. Perform focused clinical assessments for uncomplicated post-operative patients.
2. Perform post-procedural interventions.
3. Coordinate post-operative care amongst a full health care team.
4. Implement post-operative care plans for patients following their discharge from hospital (for patients going home, to other institutions, rehabilitation centers).

Assessment Tools	Focus of Assessment						
	ME	CM	CL	L	HA	SC	PR
Direct Observation Procedural Skills	X						
Supervisor Template	X	X	X				
Field Note							
Mini-CEX							
Multisource Feedback		X	X				
Patient Feedback		X			X		
Peer Assessment							
Resident Teaching Rubric							
Chart Review	X						
Journal Club Rubric							
Observed History and Physical Rubric							
OSCE/Simulation							
Other:							
Oral Exam							
SAQ/MCQ Exam							
Shelf Quiz							
Other:							
Procedure Note Assessment							
Online Module							
Procedure Log							
Other:							

ASSESSMENT STRATEGY AND SAMPLING

Part A: Postoperative Management

8 direct or indirect observations of achievement by at least 4 assessors are required and must include:

- At least 2 from each stage of management
 - Post-op orders; clinical management; documentation of post-op course; discharge planning
 - A range of hospital stays
 - Day surgery; same day; same day admit; in-patients
 - A range of patient complexity
 - Low; medium; high
1. Competency in assessment of uncomplicated post-operative patients will be assessed by: direct observation and chart review
 2. Competency in documentation of clinical course and discharge planning will be assessed by: chart review
 3. Competency in performing post-procedural interventions will be assessed by: direct observation

Part B: Collaborative Care / Discharge Planning

Collect feedback from at least 6 observers from the discharge planning team. Must include at least 2 different roles (resident, faculty, nurse, other health professional)

1. Competency in coordinating and implementing post-operative care plans will be assessed by: Multisource feedback
2. Two patient feedback forms per rotation

Relevant Milestones from RC (Part 1)

- 1 F ME 1.3.1 Apply clinical and biomedical sciences to manage core patient presentations in surgical practice
- 2 **F ME 1.4.1 Perform focused clinical assessments with recommendations that are well-documented**
- 3 **F ME 3.4.5 Perform post-procedural tasks in a timely, skillful, and safe manner**
 - **Perform appropriate wound surveillance and dressing care**
- 4 **F ME 4.1.1 Coordinate investigation, treatment, and follow-up plans when multiple physicians and healthcare professionals are involved**
- 5 F ME 4.1.2 Ensure follow-up on results of investigation and response to treatment

- 6 **F ME 4.1.4 Implement a post-operative care plan for patients with an uneventful post-operative course**
- 7 F ME 5.2.1 Use cognitive aids such as procedural checklists, structured communication tools, or care paths, to enhance patient safety
- 8 **F CM 3.1.1 Use strategies to verify and validate the understanding of the patient and family with regard to the diagnosis, prognosis, management plan and/or discharge plan**
- 9 **F CM 3.1.2 Plan and discuss appropriate post-operative, immediate and/or long-term care and issues with patients and families as appropriate**
- 10 F CM 4.3.1 Answer questions from the patient and family about next steps
- 11 **F CM 5.1.1 Document information about patients and their medical conditions in a manner that enhances intra- and interprofessional care**
- 12 F CL 1.2.1 Describe the roles and scopes of practice of other health care providers related to surgical practice
- 13 F CL 1.3.1 Integrate the patient's perspective and context into the collaborative care plan
- 14 **F CL 3.2.2 Communicate with the patient's primary health care professional about the patient's care**
- 15 **F CL 3.2.3 Summarize the patient's issues in the transfer summary, including plans to deal with the ongoing issues**
- 16 **F CL 3.2.4 Arrange for the appropriate resources and allied health care assistance to be available for the surgical patient**
- 17 F LD 1.4.1 Access supports and notification processes to enhance patient safety in their institution
- 18 **F HA 1.2.1 Select patient education resources related to surgical practice**
- 19 **F HA 1.3.2 Incorporate disease prevention, health promotion, and health surveillance into interactions with individual patients including screening for:**
 - Child abuse
 - Elder abuse
 - Domestic violence
- 20 **F PR 2.2.1 Demonstrate a commitment to patient safety and quality improvement through adherence to institutional policies and procedures, and clinical practice guidelines**

Relevant Milestones (Part 2)

- 1 **F CL 1.2.1 Describe the roles and scopes of practice of other health care providers related to surgical practice**
- 2 **F CL 1.3.1 Integrate the patient's perspective and context into the collaborative care plan**
- 3 **F CL 2.1.1 Actively listen to and engage in interactions with collaborators**
- 4 **F CL 3.2.4 Arrange for the appropriate resources and allied health care assistance to be available for the surgical patient**
- 5 **F HA 1.1.1 Demonstrate an approach to working with patients to advocate for health services or resources to address: obesity, substance abuse, risk taking behaviour**
- 6 **F PR 4.1.3 Demonstrate an ability to regulate attention, emotions, thoughts, and behaviours while maintaining capacity to perform professional tasks**