



Dr. Fred Nicholls, MD, MA, FRCSC  
Clinical Assistant Professor, University of Calgary  
Fellowship Director, Combined Spine Program

Dr. Fred H. Nicholls' story is as long as his majestic beard. Most of his days start with a fresh grind and a complicated 12 step pour over protocol for some of the best caffeine Calgary, Alberta has to offer. When he is not asking one of his fellows to write a witty biographical sketch, he runs one of the most sought-after Canadian spine fellowships - with a particularly great group of fellows this past year.

He has an above average interest in normative adult spinal alignment which enables him to run a busy clinical practice correcting non-conformists, a passion cultivated while at the University of California, San Francisco for fellowship.

His other role at the University of Calgary includes a deep involvement with the Orthopaedic Surgery residency program. His teaching style has been described by some as soothing condescension – a holdover from his years as a resident at the University of Toronto. His other passions include trying to convince his young family that Star Wars Lego is the only thing that really matters in life- besides spine surgery. He is a graduate of Queen's Medicine, class of 2008 and will never forget to pick up lemon currant rolls when returning to Kingston for a visit.

